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Strawberry Watermelon Smoothie

Prep time: 15 minutes

Servings: 2

This strawberry watermelon smoothie is infused with all the delicious flavors of summer. Our yogurt adds a creamy texture to the blend of juicy watermelon and frozen strawberries while a bit of lime offsets the sweetness. It's refreshing, hydrating, and the perfect treat on a hot summer day.

Green Valley Creamery

Ingredients

1 ½ cups fresh watermelon, cubed (black seeds removed)

1 cup frozen strawberries

½ ripe banana, previously peeled, chopped and frozen

¾ cup Green Valley Creamery Lactose-Free Whole Milk Yogurt

½ lime, juiced

Instructions

Add all ingredients to a blender and blend until creamy and smooth.

Taste and adjust seasonings as needed, adding more lime for acidity or banana for sweetness.